



## 60-Second Summary:

### *How to Write Fast* by Sean M Platt and Neeve Silver

When you write faster, you tap into your subconscious brain, where your true storyteller lives. Instead of focusing on a set word per hour count, focus on writing faster for YOU. This will help you write better, faster, without losing your love of writing.

#### Foundations for Speed:

- **Plan:** Planning is the blood that will keep your speed pumping. The better you plan, the more you'll be prepared to tell your story. This doesn't mean you have to be a plotter to write fast, but it does mean the more familiar you are with the material and the more you have carefully thought it all out, the faster it will flow.
- **Have a system:** Create a system that's consistent, and then adjust with iteration until you have one that works for you. You want to send your brain signals that it's time to write. This will help it slip more easily into your story and writing mode.
- **Turn off your inner editor:** Judging your writing as it comes out kills your speed. You need to turn off the inner editor as you write and let it stream out. It can help to tell your inner editor that there will be time for edits later.
- **Work in passes:** Passing through your manuscript is a verb. It's an action. It's easier to see it as a stage of your writing process rather than the end goal. Each time you pass through the manuscript, you hold a specific intention for the pass. This keeps you focused in one mental state.

#### Tricks to Help You Go Faster:

- **Sprints:** Write in 15-minute sprints to put a container around your writing and train your brain to focus. During the sprint all you're allowed to do is write forward. As you get better you can increase the sprint length.
- **DailyFuckYeah:** Find someone you can share your daily wins with, even if it's just that you wrote one hundred words. The extra accountability and encouragement will keep you moving.
- **Making Cheese:** Create concrete landmarks on your quest to write faster, and give them a fun name to make it fun and low pressure. "Making Cheese" is writing 10,000 words in one day.
- **Write-Ins:** Find fellow authors to write with. Doing the same task at the same time will keep your brain focused.
- **Rewrite Your First Chapter:** You never know your characters when you're starting, at least not like you will later. Same for your world or your rhythm or anything else that's unique to that particular story. As soon as you finish your last chapter, take another crack at the first. (This takes the pressure off your first pass).

Click [here](#) for the full book *How to Write Fast*